# **Appendix C: Facilitator Cheat Sheet & Debriefing Tips**

### **Objectives:**

- Recognition of wide complex tachycardia
- Following the stable tachycardia ACLS algorithm
- Recognition of unstable tachycardia with a pulse
- Differential diagnosis of wide complex tachycardia
- Communicating clearly with team in during an unstable cardiac resuscitation
- Closed loop communication

#### Key moments to reflect on:

- Identification of WCT
- Discussion or recognition of the differential of WCT, including pre-excitation
- Recognition of when patient turned unstable
- Performing electrical cardioversion

#### Sample debriefing questions:

- What was everyone's understanding of the rhythm that the patient was in and its management?
- What memory aids could you use to reduce cognitive load?

## References

- 1. ACLS algorithm 2020
- 2. Life in the fast lane
- 3. <u>ACC.org</u>

