Atrial fibrillation

Appendix C: Facilitator Cheat Sheet & Debriefing Tips

Include key errors to watch for and common challenges with the case. List issues expected to be part of the debriefing discussion. Supplemental information regarding any relevant pathophysiology, guidelines, or management information that may be reviewed during debriefing should be provided for facilitators to have as a reference.

Questions for Discussion/Debrief

- 1. What are possible reversible causes of Afib and what initial investigations would you order to rule these out?
- 2. What are key ECG findings for Afib?
 - a. irregularly irregular, absent p waves, narrow complex
 - b. if rate is <150bpm and patient is hypotensive, it could likely be caused by something other than arrhythmia.
- 3. Discuss approach to management of Afib.
 - a. stable vs unstable
 - b. rate control
 - c. rhythm control
 - d. anti-coagulation (CHADS2 score)
 - e. indications and contraindications for cardioversion
 - f. underlying causes that need to be considered
- 4. Which patients are at risk of SA node dysfunction?

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