

PRACTISS Ending a Resuscitation Supporting Roles

Role	Description (Role, Behaviour, Key Moments, Script)
RN	<p>Assists with ACLS – monitors, medications, etc. Provides clarification to history and exam if needed (it should be made obvious to the team what is going on):</p> <ul style="list-style-type: none"> • Provide details from EMS handover (see below) • Family is on their way in • Goals of care previously documented as full resuscitation • Sounds like baseline level of function has been independent / high functioning <p>EMS handover that was given to RN:</p> <ul style="list-style-type: none"> • At 1st pulse and rhythm checks by EMS was in VF → shocked • At 2nd and 3rd pulse and rhythm check by EMS was in asystole → running ACLS in asystole since. • Has received epinephrine x2 doses. Did not receive amiodarone (was in asystole at 2nd and 3rd rhythm check). • IV access x1 18g AC. • Total downtime thus far has been 30 minutes. <p>Prompt if no termination of resuscitation after >15 min, RN prompts, “How long are we going to do this for? Should we just call this?”. If they are not getting the point, the RN can additionally prompt: “I’m uncomfortable with how long we have run this for.” or “They can’t have much brain left anymore... I can’t imagine them having any quality of life after this.”</p>
RN During Debrief (OPTIONAL)	<p>If choosing to do a hot debrief, the RN will be the actor (i.e. playing their role) during this debrief as well. The facilitator may also join the simulated hot debrief as a senior nurse, charge nurse, care facilitator, or social worker.</p> <p>The RN will initially present him/herself as unaffected by the death (“we see this all the time, nothing was special about this”). They should initially be reserved and not very open about sharing their opinions or feelings.</p> <p>As the discussion continues should develop more self-doubt (“I just wonder if we could have done more”). If the participant leading the debrief is empathetic, genuine, and seems effective, then the nurse will respond positively to this.</p>
Family Member (OPTIONAL)	<p>The family (son or daughter, and/or husband) will arrive within 1 minute of termination of resuscitation, or after 15 minutes of case time if the team has not made this decision.</p>

	<p>Goals of care: “Do everything you can, unless you think she won’t be able to eventually recover in a meaningful way”. If questioned further, she would not accept substantial loss of function, and would not want “life support for a prolonged time” but would accept it if chance for recovery is reasonable.</p>
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