

Provided to Standardized Patients only

<b>Case Purpose</b>	List the objectives of what you want the learners to achieve
<b>Case Name/Age</b>	Mali Reynaud, age: 27
<b>Presenting Situation</b>	Mobile Clinic: Zaatari Refugee Camp, Jordan
<b>Psychosocial Profile</b>	<p>Mali is living in the Zaatari refugee camp in Jordan, after being forcibly displaced from her home in Syria (or other country depending on SP). The camp is overcrowded, Mali is living in a small shelter with her partner Kash and two other families they do not know.</p> <p>Mali has been living in the camp for about one month, and has not had access to any medical attention until today.</p> <p><b>HPI:</b> For the last three days she has been experiencing worsening abdominal cramping, nausea, and more frequent bowel movements. Her stool is loose and watery, though it is hard to tell if there is blood since they are sharing a pit latrine that is quite dark. It is warm in the camp, but she feels warmer than usual, and thinks she is running a fever. She has not eaten much in the last few days since her appetite diminished. She has been nauseous and is vomiting as well. Today she woke up feeling weak, disoriented, and dizzy. Her partner Kash brought her to the mobile clinic that MSF is running to try and get her some help.</p> <p><b>Physical Exam:</b> Abdomen is tender to the touch. Especially in the left lower quadrant and right upper quadrant. She has experienced some cramping, colicky pain diffusely across the abdomen, as well as some increased flatulence. It is worst in the right upper quadrant (“under my ribs on the right side”) and in the left lower quadrant. She has been nauseous for the last few days and there has been some vomiting. She has heard that others in the camp are feeling sick too, but hasn’t had the energy to find out more information about this.</p>

<b>Opening Statement</b>	<p>“I feel incredibly weak, can barely keep myself upright, and my stomach hurts. Things just keep getting worse and worse.”</p>
<b>Special Instructions</b>	<p><b>Character attributes:</b> Fatigued, weak, feeling unwell. Abdominal discomfort.</p> <p>Special Instructions</p> <ul style="list-style-type: none"> <li>- Once students have: (1) started an IV and stabilized the patient with fluid resuscitation; and (2) Completed a history of presenting illness and physical exam, begin to indicate that there are some other concerns you have about your sleep. Begin to open up about concerns surrounding vivid nightmares and flashbacks to violence witnessed at home.</li> </ul>
<b>History of Present Illness</b>	<p><b>Location of pain:</b> Abdomen: lower left quadrant and right upper quadrant</p> <p><b>Onset of pain (when pain started):</b> 3 days ago</p> <p><b>Duration of pain:</b> 3 days</p> <p><b>Frequency of pain:</b> Comes and goes throughout the day. Worse after eating. Relieved by having a bowel movement.</p> <p><b>Quality of pain</b> (describe how pain feels, eg. dull ache, sharp pain): Pain is dull, deep, and cramping.</p> <p><b>Severity of pain (pain scale):</b> 5/10</p> <p><b>Radiation of pain:</b> Feels like it is all over the abdomen, but worst in the left lower quadrant and right upper quadrant</p> <p><b>Alleviating factors</b> (things that make it better); Lying down, having a bowel movement</p> <p><b>Aggravating factors</b> (things that make it worse): Eating</p> <p><b>Other associated symptoms:</b></p> <ul style="list-style-type: none"> <li>● Diarrhea</li> <li>● Fever</li> <li>● Nausea</li> <li>● Vomiting</li> <li>● Weakness (generalized malaise)</li> <li>● Headache</li> <li>● Tired</li> <li>● Noticing that her skin is taking on a yellow tinge</li> </ul> <p><b>Review of systems</b></p>

	<ul style="list-style-type: none"> <li>· <b>General</b> – Fatigue since diarrhea started, fever (3 days)</li> <li>· <b>Skin</b> – A bit dry for the last few days. Noticed a yellow tinge starting to come over skin and eyes.</li> <li>· <b>Head</b> – Headaches, dizziness</li> <li>· <b>Cardiovascular</b> – Palpitations</li> <li>· <b>Gastrointestinal</b> – Decreased appetite, nausea, abdominal pain, bloating</li> <li>· <b>Genitourinary</b> - Patient is urinating less frequently</li> <li>· <b>Psychiatric</b> - Low mood since leaving home, new onset of vivid nightmares and flashbacks to events surrounding the war. Has been ongoing for 3 ½ weeks</li> </ul>
<p><b>FIFE</b> (Feelings/Fears, Ideas, Function, Expectations)</p> <p><i>SP responds only if asked directly</i></p>	<ul style="list-style-type: none"> <li>· <b>What are your <u>fears/feelings</u> about what is going on?</b> <ul style="list-style-type: none"> <li>- I'm scared that I will continue to get sicker and sicker in this camp and that I won't be able to leave this place to go to Canada because of this illness</li> </ul> </li> <li>· <b>What do you think is going on, your <u>idea(s)</u>?</b> <ul style="list-style-type: none"> <li>- I wonder if I caught something from one of the others I'm living with, or if there is something in the water</li> </ul> </li> <li>· <b>How has this affected/impacted your life, impacted your <u>function</u> in life?</b> <ul style="list-style-type: none"> <li>- "I feel like I've been moving through a haze for the last few months with everything changing around me and witnessing all of these traumatic events that I haven't even begun to process. I don't have time to be sick, I can barely get up in the morning with how weak I am feeling."</li> </ul> </li> <li>· <b>What are your <u>expectations</u> for this visit?</b> <ul style="list-style-type: none"> <li>- "I just need to get stronger, need to stop feeling so sick"</li> </ul> </li> </ul>
<p><b>Past Medical Hx</b></p>	<p>Include the following information about the patient's past medical history, again only include positives:</p> <ul style="list-style-type: none"> <li>· <b>Hospitalizations:</b> None</li> <li>· <b>Surgeries:</b> None</li> <li>· <b>Illnesses:</b> Nothing significant. Some colds as a child</li> <li>· <b>Injuries:</b> Broken arm (radius) when she was 8 years old.</li> <li>· <b>Current medications including alternate kinds:</b></li> </ul>

	<p>Tylenol for occasional headaches. Hasn't taken it in a while.</p> <ul style="list-style-type: none"> <li>· <b>Allergies:</b> None</li> <li>· <b>Psychiatric problems:</b> New onset of vivid nightmares and flashbacks to events surrounding the war. No diagnosed conditions</li> <li>· <b>Health Maintenance (eg. diet, exercise, immunizations):</b> <ul style="list-style-type: none"> <li>a) <b>Diet:</b> No dietary restrictions, tries to eat a balanced diet.</li> <li>b) <b>Exercise:</b> runs a couple times a week.</li> <li>c) <b>Immunizations:</b> Thinks that she has had some as a child, but can't remember the last time she saw a doctor.</li> </ul> </li> </ul>
<p><b>Social Hx</b></p>	<p>Include the following about the patient:</p> <ul style="list-style-type: none"> <li>· <b>Interpersonal relationships:</b> Married to Kash, husband. 2 years. He is in the camp with her. Her family is located in another refugee camp in Eastern Jordan</li> <li>· <b>Occupation:</b> Teacher (primary school)</li> <li>· <b>Leisure activities:</b> Painter</li> <li>· <b>Lifestyle habits:</b> Does not drink, smoke, or use substances.</li> </ul>
<p><b>Family Medical Hx</b></p>	<ul style="list-style-type: none"> <li>· <b>Parents' health history:</b> Parents are in good health</li> <li>· <b>Sibling's health history:</b> sister has asthma (diagnosed as a child)</li> </ul>
<p><b>Physical Exam Findings</b></p>	<p><i><b>*Students will not perform a physical exam, however they can ask about the physical exam and the facilitator will provide any findings*</b></i></p> <p><b>General</b></p> <ul style="list-style-type: none"> <li>- Appears uncomfortable</li> <li>- Fatigued, feeling unwell</li> <li>- Sweating/feverish</li> <li>- Clutching abdomen</li> <li>- Feeling weak</li> <li>- Skin is jaundiced (hand students a card indicating this)</li> </ul> <p><b>Abdomen</b></p> <ul style="list-style-type: none"> <li>- Abdomen is tender diffusely but worst in the right upper</li> </ul>

quadrant and left lower quadrant

- Some guarding when examiner palpates these areas
- Gasp in pain when these areas are palpated
- Liver is enlarged. Pass student a card indicating this when they palpate in the right upper quadrant

**Neurological Exam**

- Upper extremities and lower extremities:
  - Normal sensation
  - Slightly weaker than usual (some resistance if examiner pulls/pushes the extremity, but can still resist gravity and the examiner to some extent)
  - Reflexes normal