

Case Briefing

It's mid-January and there is a massive snowstorm outside. One of the nurses looks at you and says, "It's supposed to be like this all day. I think it's about -25 degrees Celsius." You've had a quiet morning but days like this make you uneasy knowing how dangerous the highway can get.

You're working in a rural 1A maternity site (no local cesarean section capabilities) and the nearest urban centre is 400 km away. A 21 y/o woman presents to the ED alone at approximately 37 weeks gestation. She's had infrequent antenatal care visits. The last visit confirmed breech presentation despite attempted external cephalic rotation. She did not want to leave the community for the birth. She has been feeling something "leaking" since 4:00 AM this morning.

She has no known allergies, her family history and past medical history are insignificant, and her general physical exam is otherwise normal.

| Patient Chart | | | | | |
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| Name: Josephine Lefèvre | Age: 21 | Gender: F | Weight: 82.3 kg | Height: 162 cm | GA: 37 Weeks |
| Temp: 37.1 | HR: 110 bpm | BP: 135/95 | RR: 26/min | O₂Sat: 99% | GCS: 15 |
| Presenting complaint: Clear, liquid vaginal discharge since 4:00 AM this morning. | | | | | |