Case Briefing

You just started as the new locum in the community and spent the past few days hiking and backcountry camping. The hospital is a rural 1A maternity site (no local cesarean section capabilities), and the nearest urban centre is 530 km away. Your colleagues are great, the area is beautiful, and it feels like home. You may even consider staying here a little longer.

You were the only physician on-call when a 32 y/o woman presented to the ED today at 2345 in labour. The neonate was delivered five minutes ago with Apgar scores of nine at one minute and five minutes. There was no notable maternal or fetal trauma.

The woman is from a neighbouring community, has had no prenatal care, and stated that she had no issues throughout the pregnancy. She has no allergies and only takes "natural supplements." She doesn't smoke or drink alcohol. The delivery went well, and you are now tasked with delivering the placenta.

Patient Chart					
Name: Luna Petrov	Age: 32	Gender: F	Weight : 66.4 kg	Height: 176	Rh Status: Positive
Temp : 36.2	HR: 110 bpm	BP : 115/73	RR: 25/min	O₂Sat : 93%	GCS : 15